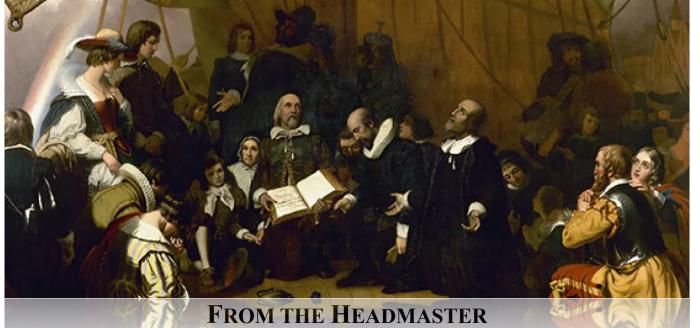


#### ARLINGTON VIRGINIA CAMPUS

2025-2026



As the Headmaster of Veritas Collegiate Academy Arlington Campus, it is my great pleasure to extend a warm welcome to all of our students and families as we embark on the journey of the 2025-2026 school year.

This student handbook serves as the cornerstone of our institution, encapsulating the policies and principles that guide our daily interactions and uphold the excellence we strive for at Veritas Collegiate Academy. It is imperative that every parent and student acquaint themselves with the guidelines outlined herein, as they form the bedrock of our community standards and collective ethos.

Founded on a rich tradition of academic excellence and a commitment to nurturing well-rounded individuals, Veritas Collegiate Academy prides itself on upholding the highest standards of integrity, discipline, and academic rigor. Our philosophy is rooted in the pursuit of truth and knowledge, echoing the very essence of our namesake, "Veritas," signifying truth in Latin.

Within these pages, you will discover the essence of our academy's heritage, philosophy, and a concise history that underscores the foundation of Veritas Collegiate Academy. This handbook also delves into various aspects vital to our school community, including but not limited to our dress code, behavioral expectations, academic policies, and the importance of effective communication in our shared mission.

As we navigate this educational voyage together, effective communication and consistent discipline stand as pillars to our success in achieving the mission of Veritas Collegiate Academy. I encourage each of you to not only familiarize yourselves with the contents of this handbook but to embody its principles in your daily actions as members of our academic community.

# **Table of Contents**

Fro	om the Headmaster	•••••
	troductiontroduction	
1.	Educational Philosophy	1
2.	The Lost Tools of Learning	1
<i>a</i> .	The Grammar Stage	2
b.	The Dialectic (or Logic) Stage	2
c.	The Rhetoric Stage	2
<i>3</i> .	The History of Veritas Collegiate Academy	3
4.	Curriculum Goals	3
a.	Logic and Rhetoric School	3
Stu	udents and Parents	5
1.	Reverence	5
<i>2</i> .	In Loco Parentis	5
3.	Honor Code	6
4.	Respect and Courtesy	6
5.	Admissions	7
<i>a</i> .	School Admission Procedures and Requirements	8
b.	Mid-Year Admissions	8
c.	Emergency Contact	8
6.	Attendance	9
a.	Tardiness	9
Dis	scipline	9
1.	Logic and Rhetoric School	10
a.	Demerit System	11
b.	Accumulation of Demerits	11
c.	Saturday School	12
d.	Saturday Work Detail	13
Sus	spension and Expulsion	13
1.	Consequences of Suspension	13
<i>2</i> .	Cheating	14
<i>3</i> .	Plagiarism	15
4.	Skipping Class or School	15
<i>5</i> .	Prohibited Items at School	15
6.	Serious Infractions	16

D	Dress Code	16
1.	Non-formal Days (M/W/F)	16
a.	Girls:	17
b.	Boys:	17
1.	Formal Days: T/TH/Field Trips	17
a.	Girls:	17
b.	Boys:	
A	Academics	
1.	Homework	21
<i>2</i> .	Colloquy Classes	
3.	Testing Policy	21
a.	Make-Up Test Policy	21
b.	Semester Exams	
4.	Grading	
<i>5</i> .	Academic Probation	
6.	Extra Curricular Activities.	
7.	Field Trips	
	Awards and Honors	
<i>1</i> .	Academic	
<i>1</i> . <i>2</i> .	The Outstanding Character Award	
	_	
	PromotionSchedules, Programs and Graduation Requirements	
1.	Class Schedules: Logic School	
2.	Class Schedules Rhetoric School	
3.	Omnibus Schedule	27
4.	Veritas Collegiate Academy Diploma	
	Communication	
1.	Communication from the Office	
	a. Parental Communique	30
	b. Disciplinary Calls	30
<i>2</i> .	Publications and Notification of School Events	
	Miscellaneous	
1.	Visitor Policy	31
2.	Dealing with Conflict	31
3.	Controversial Subjects	
4.	Learning Disabilities	
5.	Medication Policy	
6.	Signature Acknowledgment Page	
	ddendum A	
1.	Prohibition Against Bullying	
	ddendum B	
1. Rev	Concussion Management Policyvised 7/25	3/

Addendum C		
1.	Upper School Requirement Reminders	
	ddendum D	
1.	Awards and Recognitions	44
	Early Dismissal	
	Cell Phone Usage and Other technological Equipment	
	ddendum E	
<b>2</b> . L	2. Lunch	
A	ppendix A: Academic Awards	48
$\mathbf{A}$	ppendix B: Athletic Awards	52
-	ppendix C: Attendance Guidelines and Cyber Policy	

#### INTRODUCTION

# 1. Educational Philosophy

We believe our role as educators is to be *in loco parentis*, "in the place of the parent." We believe that parents are responsible to educate their children in the Lord. We believe that educators must be the delegates of the parents, assisting them in the education of their children, but never usurping their parental prerogative and responsibility.

We believe that discipline, the encouragement of an obedient child and the correction of a disobedient child, is a critical and necessary part of education. Under no circumstances will the misbehavior of one child be permitted to continuously hinder the education of other children.

We believe that fathers are the heads of their households. Whenever possible, we desire that each father assume leadership in the education of his children.

We believe that conflict resolution should be accomplished as quickly and as simply as possible. Concerns and grievances should first be addressed directly to the party involved, in order that justice and charity be duly served.

We employ the time-proven method of the *Trivium* in the education of our students. This method includes three stages. In the Grammar Stage, students study fundamentals to create a framework of knowledge. Students will build on this framework with information in later grades and stages. Questions of *who*, *what*, *where*, and *when* are the focus. In the Dialectic (or Logic) Stage, students begin to form their knowledge into ordered relationships. The goal is to equip students with the thinking skills necessary to recognize sound arguments and to detect and correct fallacious ones. This stage addresses the questions of *how* and *why*. In the Rhetoric Stage, students will develop their use of language, both written and spoken, to express their thoughts eloquently and persuasively. Students learn to express themselves well in writing and in speech. By the end of the Rhetoric Stage, our goal for students is to be well-rounded and godly young men and women who can articulate their faith.

# 2. The Lost Tools of Learning

Veritas Collegiate Academy is a classical school, which means it uses the educational method of the *Trivium* 

The *Trivium* has a long and storied history. It, coupled with the later Quadrivium, was the educational method used in Western Civilization to produce some of the greatest scholars that the world has ever known. It first developed in ancient Greece, and was used hundreds of years before the birth of Christ. As the church became more influential after Constantine, it adopted the Trivium as a basic method of education, and it was used widely until the early twentieth century here in America. Unfortunately, with the rise of educational "reforms" of the 19<sup>th</sup> century as promoted by people like John Dewey and Horace Mann, the *Trivium* was set aside.

With the general malaise that has invaded educational circles today, it was only a matter of time before someone turned back to the tested method of the *Trivium*. In the early 1980's, Doug Wilson, a pastor in Moscow, Idaho, was seeking to start a Christian School so that he could provide an education for his children. As he was studying through different approaches to education, he found an essay by Dorothy Sayers, a mystery writer and contemporary of C.S. Lewis, called "The Lost Tools of Learning." This article bemoaned the state of education in the 1940's and outlined the *Trivium* as a plan of educational reform. Sayers, however, was pessimistic that anyone would be courageous enough to seek to revive the Trivium. Wilson knew he had found the type of education that he wanted his children to receive. Wilson and a few others opened the Logos School in Idaho, and they began the modern classical Christian schooling movement.

Veritas follows the *Trivium*, which is comprised of three stages: the Grammar stage, the Dialectic stage, and the Rhetoric stage.

## a. The Grammar Stage:

The Grammar stage lasts from Kindergarten to roughly sixth grade. In this stage, children learn the grammar, or basic facts about many different subjects, with a concentration after 2 Grade on Latin Grammar. Much of the learning is done by memorization and classroom chants and singing which children enjoy greatly at this age.

## b. The Dialectic (or Logic) Stage:

As children leave the Grammar Stage, they become less likely to enjoy rote learning and becomes more inquisitive. These are signs that a child is leaving the Grammar Stage and moving into the Dialectic Stage. Children of the 7th - 9th Grade years are questioning, so at Veritas we teach them how to question things rightly and righteously. The overarching discipline of this stage is logic. Whereas in the Grammar stage students learned many facts without realizing the logical connection between the facts, in the Dialectic stage students work to see the logical connections between facts that they learned in the Grammar stage.

#### c. The Rhetoric Stage:

When children start to become image conscious in the later secondary years (10<sup>th</sup>-12<sup>th</sup> Grade), they are entering the Rhetoric stage. In this stage, students learn to express themselves well in writing and in speech. By the end of the Rhetoric stage, our goal for students is to be well-rounded young men and women. They should have the basic facts about subjects well in hand. They should know the logic of the truth they believe and promote. They should also be able to speak and write articulately.

#### In summary:

- Grammar Stage: the students learn the facts.
- Logic Stage: the students learn the logical connections between the facts.
- Rhetoric Stage: the students learn to express the logical relations between things in an understandable, convincing, and winsome manner.

# 3. The History of Veritas Collegiate Academy

Veritas Collegiate Academy is a classical Christian school committed to the classical Trivium. Its central purpose is to assist parents in the education of their children.

Veritas Collegiate Academy's Arlington campus has a rich history that reflects its commitment to classical Christian education. The academy itself was established in 2003 in Chesapeake, Virginia, by Sean and Maria Elgut. The couple, seeking a high-performing Christian school for their five children, was inspired by an emerging Classical Christian pedagogy. In 2002, Sean Elgut attended a teacher training seminar in Lancaster, Virginia, organized by Veritas Press. This experience laid the foundation for Veritas Collegiate Academy.

Embracing the Classical Christian approach, the school opened its doors in 2003 with a small group of like-minded families. Over time, it gained recognition for its commitment to academic excellence and Christian values. In 2012, under the leadership of Sean and Maria Elgut, Veritas Chesapeake was approved to provide I-20 Visa applications to international students by the U.S. State Department. This approval allowed the academy to welcome and serve students from around the world.

Veritas Chesapeake received notable recognition in 2014 when it was named one of the top 50 Christian High Schools in America by thebestschools.org. This acknowledgment highlighted the academy's dedication to providing a quality education rooted in Christian principles.

In 2015, Veritas Collegiate Academy expanded its reach by opening its first international campus in Beijing, China. This marked the beginning of its global presence, with the Beijing campus celebrating nearly a decade of operation.

In 2017, Sean and Maria Elgut relocated to northern Virginia to establish a second U.S. campus. The campus initially began in Fairfax and, four years later, moved to Arlington. The move to Arlington represented a strategic decision to continue providing classical Christian education in a new location, in one of the safest and most dynamic cities in America.

Additionally, in 2017, Veritas Collegiate Academy seized an opportunity to partner with Hungarian Baptist Aid (Baptista Aid). This partnership led to the establishment of the Veritas Budapest Campus in Hungary in 2020, expanding the academy's global footprint into Europe.

Further international expansion occurred with the opening of a campus in Shenzhen, China, both in 2020. Veritas also introduced two campuses in Shanghai, operating as "schools within a school." The academy's commitment to global education is underscored by its ongoing efforts to collaborate with partners and opened a campus in Suzhou. In the fall of 2025, a new Veritas will open in South Korea.

Overall, the history of Veritas Collegiate Academy's Arlington campus reflects its dedication to providing classical Christian education locally and globally, with a focus on academic excellence and the integration of Christian values into its curriculum.

# 4. Curriculum Goals

## Logic and Rhetoric School

**Literature**: The student will learn to become familiar with the common cultural consensus of our western world: that body of thought, belief, and imagination that all educated people in the western world share in common, and with which we must be familiar in order to understand and influence our culture. A student will also be given a context for understanding other types of studies, since the great ideas in all areas of knowledge find their popular expression in literature. Finally, students will learn to appreciate the beauty of language and literature. We must learn to discern kinds and qualities of beauty, and exposure to great literature is one of the best means to do so.

**History**: Students will learn to identify with those who have gone before them: identify with individuals in their culture, of the nation, and of their family. The student will also receive both encouragement and warning from the actions of his forebears, and from the consequences of their actions. From this study, our aim is that the student will gain wisdom: to avoid the errors of the past and to improve upon the thinking of his forefathers.

**Logic**: Students will be able to think rightly and righteously. They will know both formal logic, the study of syllogism and propositions, and informal logic, the study of the informal fallacies. He will also gain an understanding of how to apply the skill of logic to all of the information that they encounter in our culture.

**Rhetoric**: Students will be able to persuade others. They will master the basics of formal rhetoric and then perfect their skills by constant practice in all classes. This will culminate in the writing and defense of a thesis paper during the senior year.

**Sciences**: Students will become acquainted with the system of inductive thought (learning by using the scientific method— experimentation). They will gain an understanding of science in general, the science of life (biology, anatomy & physiology, and marine biology), chemistry and physics.

**Math**: Students will master the basic operations of mathematics with all types of numbers. They will also be able to solve complex equations for a variable and then for numerous variables. Students will be able to do the proofs of Geometry and will also be able to solve problems using trigonometric functions.

### STUDENTS AND PARENTS

#### 1. Reverence

Veritas Collegiate Academy places a high value on the development of character. One way in which this is developed is in the area of speech. In all areas of instruction, proper respect and consideration will be given.

#### 2. In Loco Parentis

*In loco parentis* is Latin for the phrase "in the place of the parents." At Veritas *in loco parentis* is one of our most important educational philosophies.

Many in our society look at education as the job of the government, the society or the church. At Veritas, however, we firmly the responsibility for educating children belongs not to the state, nor to the church, but to the family.

At Veritas, we see our authority as a delegated authority. Parents have the responsibility of raising children and the authority to do that task. Families that have children at Veritas have chosen to delegate part of the task of educating their children to the teachers and administrators at Veritas Collegiate Academy.

The principle of *in loco parentis* also sets the tone for parental involvement in the school. Veritas Collegiate Academy wants parents to be highly involved in the education of their children. Classrooms are always open and parents are welcome to sit in on their child's classes. There are also many opportunities for parents to participate at the school. In addition, teachers will be in close and regular communication with parents concerning the academic progress and behavior of their children.

As a support and extension of the family unit, Veritas Collegiate Academy considers the family to be of first importance to a child. At Veritas, we are continually seeking ways to actively involve the parents, siblings, and grandparents of our students in the programs of the school.

Here are just a few of the ways we do this:

- 1. Visit the school/class at any time, upon granted permission.
- 2. Assist in the classroom, lunch program, regularly or infrequently. (Arrangements should be made with the teacher/staff member concerned.)
- 3. Act as a chaperone on field trips.
- 4. Serve as a story-reader, song-leader (in K-3), and guest artist; offer special talents.
- 5. Share experiences, trips, vacations, as they may relate to an area of study in a class.
- 6. Volunteer to help in the preparations for the many tasks related to our annual events.
- 7. Help host class parties, at home or in the classroom.
- 8. Attend meetings when scheduled.
- 9. Closely monitor and praise a child's progress by reading all teacher notes and student papers sent home.

#### 3. Honor Code

By enrolling in the Academy, each student agrees to support the Honor Code as stated below. An Honor Committee composed of faculty advisors and students appointed by the Headmaster, will meet as necessary to settle honor code issues and violations.

#### THE HONOR CODE OF VERITAS COLLEGIATE ACADEMY

I will not deceive, lie, cheat or steal, nor will I tolerate those who do. I am honor bound to report any violation of this code. I understand that failing to do so subjects me to **equal** discipline.

# 4. Respect and Courtesy

Respect is one of the most important ingredients in any relationship. Without mutual respect, there can be no lasting positive benefits in a relationship. Respect is needed between students and teachers as well as among the students themselves.

Disrespect serves to tear down the individual as well as the life and nature of the school. Disrespect should not occur and will not be tolerated whether in the form of talking back (or "sassing" a teacher), willful disobedience, willful damage to another's self-esteem, including unkind or derogatory remarks, or in the form of willful damage to property. Students will make other errors due to immaturity or forgetfulness, and these will be dealt with appropriately. However, disrespect will be considered intolerable.

Courtesy is the rule in all relationships. Students are to show courtesy to each other at all times. Adults are to be addressed as Mr., Mrs., or Ms. and their last name, never by first names. When responding to adults, students are to answer with Yes, Ma'am or No, Ma'am, and Yes, Sir or No, Sir.

Talking in the halls should be in a quiet conversational tone. Loud talking, yelling, and horseplay are not permitted and will result in disciplinary measures being taken.

Boy/girl relationships are not to include any physical contact. Couples should not be together unchaperoned at any place on the school grounds before, during, or after school.

#### 5. Admissions

When parents wish to enroll a child or children in Veritas Collegiate Academy, they must first complete an application for each child. Parent(s) must sign the application and return it to Veritas Collegiate Academy with the applicable application fee. When Veritas Academy receives these items a place will be held for that child, if there is a place open in the grade for which they are applying. This does not, however, mean that this student has been accepted or registered at Veritas.

For registration to be completed and accepted, three things must occur: The child must interview (if above the 5th grade), the parents must have an interview with a member of the Admissions team, and a signed copy of the yearly enrollment agreement must be sent to the Headmaster for signature. Because Veritas Collegiate Academy has made budgetary decisions including things like teacher salary based upon the commitments that parents make to the school, after the contract has been signed, parents are committed to pay tuition for their child as per that contract.

The placement test evaluates a student's math abilities at Veritas. After the placement test is reviewed by the school director, he or she will make a call to the parents. The school director will tell the parents the strong and weak points of their child's performance and provide instructions to help their child to prepare for the school year. The school director will also communicate whether the child can be accepted into the grade level for which was applied. Parents will also be told if their child is accepted under special conditions (e.g., the student might be accepted on the conditions of the summer tutoring )

While their children are taking the placement test (or prior to it), parents meet with a member of the Veritas Academy Board of Admissions (including the Headmaster). This interview serves two purposes. First, it gives the Board Member a chance to explain some of the distinctive aspects of Veritas Collegiate Academy. It also gives the parents a chance to ask questions about the school in a private settingThe final step in admission is for the Admissions Director of Veritas Collegiate Academy to sign a copy of the student's enrollment agreement, and call the parents for final confirmation that their child is officially enrolled. Until this call is made, enrollment is not complete.

Veritas Academy will admit students of any race to all rights, privileges, programs, and activities generally made available to all students. Veritas Academy does not discriminate on the basis of race, sex, color, or national origin in the administration of its policies, admissions, scholarships, athletics, and other school-directed programs.

### a. Admission Procedures and Requirements

Veritas Collegiate Academy recognizes that children mature; therefore, the terms under which they are educated at Veritas must change. Children must bear the added responsibility in their own education. When Secondary Students (grades 7-12) come to take their placement tests, they will also be interviewed orally and/or in written form in order to discern their attitude about coming to Veritas Collegiate Academy. Veritas is committed to creating an educational environment of enjoyment for its students of all ages. This environment can be destroyed when students have a negative attitude about learning in general, or about the school that they are entering. In order to protect the educational environment of our students, students admitted into the Secondary School must be ones that will foster the kind of environment that makes learning both possible and enjoyable.

#### b. Mid-Year Admissions

Generally, Veritas Collegiate Academy does not admit students to Secondary School after the first semester. Veritas Academy does this in order to protect the academic pace of the class. Because so many things at Veritas Collegiate Academy build during the year, a child entering school after the middle of the year will be substantially behind in most cases. It would take a massive effort on the part of the teacher to catch the student up with the rest of the class. This effort inevitably ends up taking away from the time that the teacher is able to spend with the other students. If parents would like the Board to specially allow the admission of their child after the middle of the school year, they must send in a completed registration form with the registration fee. They must also send a written explanation of a compelling reason why their child should be admitted contrary to policy.

### c. Emergency Contact

Veritas requires parents to fill out an Emergency Contact form. This form provides the Veritas administration with necessary information in case of an accident at school.

# 6. Attendance

At Veritas Collegiate Academy, a student is exposed to various types of instruction. Because each class period contributes to curriculum objectives, and because the instructional program is progressive and sequential, it is necessary to encourage student attendance. However, Veritas recognizes the authority of parents over their children, and recognizes there are many circumstances like a special family event or a family trip where parents would like their children to be with them rather than be at school. Please notify the school in advance.

The actual number of days school is in session will be determined by the yearly school calendar. Students are expected to attend and complete all requirements for every course offered. A record for attendance will be kept in the office, the total number of days absent and days present will be recorded on the student's quarterly report card.

NOTE: If a student misses a specific class more than 9 days per semester, he or she may lose credit for the class. If a student's absences accumulate to the point where the teacher or administrator has a concern that the student will not be able to adequately complete the work necessary to pass on to the next grade, a conference will be arranged with the parents.

#### a. Tardiness

If a student does not report to his class at the beginning of the day with the rest of the class, he will be counted tardy. The administrators at Veritas Collegiate Academy know that there is a myriad of reasons why a student might be late to class. The fact remains; however, they are late, and the tardiness is diminishing their educational experience at Veritas. Many times, diminishing the experiences of others because of the distraction of students coming in late.

When a student has been tardy three times during a school week, the teacher or office will issue the discipline notice, and the Headmaster will call the parents to inform them of the situation. Parents will be expected to remedy the situation. If the situation continues, a conference with the parents will be arranged. In severe cases where tardiness is habitual, Veritas reserves the right, and may suspend, expel, or refuse re-admittance to a habitually tardy student.

# **DISCIPLINE**

At Veritas Collegiate Academy, the discipline policy has a two-fold goal. First, Veritas is committed to the principle that one child will not be allowed to steal from the education of the other students by their bad behavior. Second, acting with delegated authority from the parents, Veritas Collegiate Academy seeks to guide students through discipline.

Discipline will be administered in the light of the student's problem and attitude. All discipline will be based on equitable principles, (e.g. swift punishment, public/private apologies, restitution, restoration of fellowship, forgiveness, etc.). *Love and forgiveness* will be an integral part of the discipline of a student. The vast majority of discipline problems are routinely dealt with at the classroom level.

Students will also be disciplined in a manner that fits their actions. They will have to give restitution, if they have taken something from another student or damaged another person's property. Students may also be punished by being given extra physical or academic work, or any other appropriate measure consistent with biblical guidelines.

The consequences for misbehavior will vary according to the infraction and the student's history of prior behavior. Ample opportunities are given to the student to respond with improved behavior or attitude. Once it has been determined that a student is not making a sufficient effort, the consequences of discipline will increase markedly. Parents will be asked to support the school and be a partner in any correction needed to insure the proper behavior and attitude of their student. Behavior issues and consequences are recorded and used to determine a student's eligibility to return in the fall of the next school year. Students who are discovered to be involved with the use of alcohol, drugs, use of a weapon or threat of the use of a weapon, or sexual behavior will be subject to immediate expulsion and removal from Veritas.

Specific consequences for misbehavior may include, but are not limited to, some of the following:

- Demerits
- Detention
- Saturday School
- Probation for a period of up to nine weeks or a semester
- Out of school suspension (1-5 days)
- Expulsion from Veritas

# **Logic and Rhetoric School**

The purpose of all discipline is the development of self-discipline. As a student grows and matures, they are encouraged to make the right decision and to avoid decisions which, if not corrected, result in unhealthy habit patterns. Therefore, the Veritas philosophy of discipline is aimed at guidance and not merely correction. It is our desire to change the direction of the heart instead of only correcting misbehavior. The foundation for such philosophy is unconditional love and respect. The application of this philosophy results in policies and rules that govern the successful daily operation of the school. The willing acceptance of these rules reflects the heart of the student. Inversely, their continued violation reflects a heart in need of change.

Students are expected to conduct themselves in an orderly fashion and contribute to a learning environment under the direction of the teacher. When infractions occur, students are expected to respond to verbal correction and make every effort to avoid any continuing problem or inappropriate behavior. When a teacher begins to see trends in a student's conduct or performance that does not conform to this standard, the student will be referred to the Headmaster's office for counseling.

Food is only allowed in the lunch room, and students are not to have gum in their possession on campus at any time.

### a. Demerit System

In order to accurately document a student's compliance with school policies a demerit system will be applied to all students. Students are encouraged to review this list and ensure they are not in violation of items listed. The actual number of demerits awarded as follows:

- Disobedient or rebellious behavior toward faculty/staff = 20 demerits
- Unauthorized possession of electronic devices, cell phones, etc. = 10 demerits
- Skipping class or school = 20 demerits
- Lying or deceiving = 10 demerits
- Public display of affection (PDA) = 10 demerits
- Class disturbance accompanied with a show of disrespect = 10 demerits
- Uncooperative attitude or conduct = 5 demerits
- Class disturbance after being verbally corrected by the teacher = 5 demerits
- Use of foul language = 5 demerits
- Sleeping in class (including colloquy/thesis) = 3 demerits
- Dress code violations:
  - 1st offense = 3 demerits; 2nd and subsequent offenses = 5 demerits
- Chewing gum or eating candy = 5 demerits
- Possession of food / drink outside of approved location = 3 demerits
- Writing, passing or receiving notes in class = 3 demerits

The above list of infractions/behaviors is not intended to be all-inclusive. Behavior/infractions that are not listed above are awarded demerits/suspensions after a careful review of each individual occurrence. The assignment of demerits (quantity) and/or suspension/expulsion for these occurrences is at the discretion of the Headmaster.

Please note that nothing in the Demerit System or the Veritas Student Handbook is to be construed to limit the Headmaster's authority to ensure a safe learning (academically, spiritually, and physically) environment for students.

Veritas has a zero policy when it comes to threats of violence and bullying. As such, a threat of violence will be taken seriously, and may result in the expulsion of the student perpetrating the threat. Additionally, acts of bullying and intimidation will not be tolerated and may result in the expulsion of the student perpetrating the act.

The Headmaster can set aside the demerit system if the student's conduct or attitude becomes uncooperative or rebellious. If this occurs, the parents will be required to meet with the Headmaster before the student can resume classes at Veritas.

Additionally, the Discipline Policy may be set aside by the Headmaster if the action of the student endangers the student, other students, and/or the environment of the school. This is not only limited to physical endangerment, but also spiritual as well.

#### b. Accumulation of Demerits

Demerits are tracked on a cumulative basis per quarter, per semester and per year. Accumulated demerits over a quarter require the following actions:

#### Per quarter:

- 10 Demerits = 1hour detention on Friday, requires a 2-page paper addressing personal conduct
- 15 Demerits = Conference with the Headmaster/Assistant Headmaster and at least one parent/ guardian
- 20 Demerits = Student will receive Saturday School
- 25 Demerits = 1day suspension, parent-student/conference with Headmaster/
   Assistant Headmaster and 1week suspension from sports activities
- 30 Demerits = 2 day suspension, parent-student conference with Headmaster/
   Assistant Headmaster and 2 week suspension from sports activities

Quarterly demerits are erased at the end of each quarter; however, accumulated totals over a semester or year require the following infractions:

#### Per Semester:

- 35 Demerits = 3 day suspension, a parent-student conference with Headmaster and suspension from sports activities for the remainder of the year.
- 40 Demerits = Student will be expelled

#### Per Year:

 60 accumulated demerits at any time during the year will result in immediate expulsion from Veritas.

Any student who is demerit-free for one quarter will redeem 20 cumulative demerits.

#### c. Saturday School

Saturday School is a detention program for students who have demonstrated an unwillingness to respond appropriately with correct behavior. As a general rule, Saturday School will be assigned after several attempts have been made to encourage the student to correct their behavior. Saturday School will normally be assigned during conferences with the Headmaster. Saturday School may also be recommended by a teacher for any infraction less than suspension.

Saturday School will be a minimum of two hours and a maximum of two hours. While attending Saturday School, the students will be required to study or read directly related to their school work. They shall not sleep or engage in any activity that is not directly related to academic work. All students shall wear school uniforms for Saturday School.

There is a \$75.00 fee for each child attending Saturday detention or work detail. Payments will be made on the day of Saturday detention and be given to the teacher or faculty member in charge. Failure to attend Saturday School will result in further disciplinary action as deemed appropriate by the Dean, including a 2 Day Suspension, which will post to the student's permanent record. Payment is required for the missed day and will be added to the student's account.

Assignment to a Saturday School will be announced to the parents and the responsible faculty member by noon on Thursday. Students assigned to Saturday School must present themselves to the faculty member in charge no later than 8:30 a.m. Being tardy to Saturday School will result in additional time being added at the rate of 15 minutes for every 5 minutes late. A one-time postponement per quarter may be granted in an extreme circumstance if an unavoidable conflict occurs. The request for postponement must be made directly to the Dean of Students / Academic Dean by Friday at noon before the Saturday for which they were assigned. After that time, the student will be required to attend and the above no-show policy will apply.

#### d. Saturday Work Detail

Saturday Work Detail is an alternate method to correct behavior. Saturday Work Detail will be assigned automatically for the following reasons:

- Accumulation of 20 or more demerits during a quarter.
- Unauthorized use of an electronic device twice.
- Skipping class, defined as being more than 15 minutes tardy without an excuse.
   Demerits will also be awarded for skipping class.
- Refusal to obey any teacher or staff member of Veritas. Appropriate demerits will also be awarded for disobedience.

# SUSPENSION AND EXPULSION

Attending Veritas Collegiate Academy is a privilege with certain responsibilities. One responsibility is to maintain a consistent standard of excellent behavior, both at school and away from school. Therefore, any use of or involvement with tobacco, drugs, alcohol, unwholesome behavior, gambling, cheating, fighting, stealing, lying, disrespect, immorality, or possession of a weapon may result in the student's immediate suspension or expulsion from Veritas Collegiate Academy. Other types of behavior, including but not limited to stealing, defacing property, or leaving school without permission may also be grounds for suspension or expulsion.

Suspended students will serve out-of-school suspensions. Receiving a suspension is a serious occurrence and could jeopardize a student's future enrollment at Veritas Collegiate Academy. A school suspension also results in suspension from participation in sports and activities, including field trips, other school events. No student will be allowed to continue at Veritas if they have attended more than two Saturday School Work Details or received more than three days of suspension in a school year.

# 1. Consequences of Suspension

If a student is suspended, the following consequences will occur:

- 1. The student will be required to serve the suspension at home.
- 2. The student shall not attend any extra-curricular event for one week (or two weeks if a 2-day suspension).

- 3. All academic work must be made up within the normal framework of time, as outlined in the policies for make-up work.
- 4. The student may be permitted or requested to go before the student body or a group of peers to ask forgiveness for the wrong committed. Public offense Public apology/ Private offense Private apology

Upon suspension or expulsion of a student the Headmaster may give the rest of the student body an appropriate statement regarding the basic nature of the offense and purpose of discipline. This action will be designed to:

- 1. Protect the reputation of student(s) involved from what conclusions others might draw if gossip were the only channel of information.
- 2. Solicit prayer for those involved.
- 3. Reinforce the clarity of the school's position regarding the type of behavior in question.

# 2. Cheating

Cheating shall be defined as:

- 1) Copying someone's school work. Students may occasionally be given permission to "work together" either in school or outside the classroom. Even then, students should only help each other, not simply give/receive answers. If students have doubt about the appropriateness of working together, the teacher should be consulted in advance to determine the policy.
- 2) Having another student's homework, test, quiz, or workbook without permission from the teacher of that subject.
- 3) Altering or filling in answers during the grading process to make an item correct. This is cheating whether it is done on his own paper or by the grader.
- 4) Obtaining test or quiz questions and/or answers in advance through unauthorized means. The person who provides access to these is also guilty of cheating.
- 5) Giving answers during a quiz or test, either orally or by intentionally allowing another student to copy them.
- 6) Receiving answers during a quiz or test in any way, e.g., orally, copying from another student, or looking at any source containing answers. Looking on another student's paper or at any other source of information during a testing time is considered cheating whether the student changes answers or not.
- 7) Possession of a cell phone during a test or quiz.

# Consequences of cheating:

- 1. Even if the student is not "caught," there is loss of respect for one's self (personal dignity).
- 2. If a student is caught cheating, there is a loss of trust and reputation. Parents will be contacted and asked to support the action of the school. Consequences include an automatic grade of zero and possibly suspension or expulsion.

# 3. Plagiarism

Plagiarism is defined as:

- 1) Presenting work that, based on a student's previous work, is clearly not the result of the student's labor, or
- 2) Copying from a source, without reference to that source, to imply that the material is the work of the student. Plagiarized content found in a student paper or project will result in a zero for the paper or the project. This includes plagiarism from written or electronic sources. At a minimum, additional consequences will be applied if the plagiarism was intentional. The Honor Committee composed of faculty advisors/administration will determine the exact penalty for plagiarism. Penalties could include demerits, suspensions and/or expulsion.

# 4. Skipping Class or School

Skipping is defined as a student's intentional avoidance of school or scheduled activities without proper permission. Permission to miss school or its activities must be granted in advance by school leadership. If a student has skipped school, they will be given a minimum of one-day suspension and will be removed from extra-curricular activities for up to five school days. Any missed exams must be taken and the grade will be lowered by 25 points. A student will not receive credit for any other homework or assignments missed.

#### 5. Prohibited Items at School

The following items are not to be brought to school and are subject to immediate and permanent confiscation: alcohol, tobacco, vape pens, drugs, weapons, or electronic devices (e.g., cell phones, I-pods, tablets, etc.) that prohibit or hinder the fulfillment of the mission of VCA. Following the Governor of Virginia's "No cell phone executive order," cell phones are prohibited during school hours. Students may bring and check them with the Dean of Students or school office before school begins and retrieve them after school concludes, this includes <u>Smart Watches</u>. Additionally, <u>tablets</u> and <u>personal computers</u> are not allowed during school hours, except when the students are under direct supervision and using school devices for academic purposes (i.e., research, thesis). Items such as translators are to be only capable of language translation and not have web access or social media functions. Electronic devices are to advance academic pursuits and any device that is counter to this purpose will be confiscated.

### 6. Serious Infractions

If a student commits an act with such serious consequences, the applicable school director may immediately impose suspension or expulsion; however expulsion requires board consent. Examples of such serious misconduct include, but are not limited to, acts endangering the lives of others, violence, or vandalism. Students may be subject to school discipline for serious misconduct that occurs after school hours.

Should an expelled student desire to be readmitted to Veritas Collegiate Academy at a later date, the school board will approve the re-admittance and the probationary stipulations as recommended by the headmaster.

#### DRESS CODE & UNIFORM POLICY

Consider how the dress code is part of your education:

**EDUCA'TION**, n. [L. educatio.] The bringing up, as of a child, instruction; formation of manners. Education comprehends all that series of <u>instruction and discipline</u> which is intended <u>to enlighten the understanding</u>, <u>correct the temper</u>, and <u>form the manners and habits of youth</u>, and <u>fit them for usefulness in their future stations</u>. To give children a good education in manners, arts and science, is important; to give them a religious education is indispensable; and an immense responsibility rests on parents and guardians who neglect these duties. Webster's Dictionary 1828

Veritas desires to prepare the students for their "future stations" in life. Part of that preparation includes "discipline, correcting the temper, and formation of manners and habits." As many of you know, every job has some expectation of a dress code. Even fast food organizations expect their employees to dress according to a code. We at Veritas take our academic time seriously. In order for this to happen, we need everyone to comply with the dress standard. The dress standards are in place to create an atmosphere where the attention is drawn to the subject taught and not toward any one individual. I am convinced that following the dress code demonstrates discipline and creates the right attitude toward your work. It also has much to say toward selflessness. As one other educator stated on the topic of dress code: ".....it [the dress code] is a symbol of self-discipline..., [it is an] artificial barrier or limit that reminds you that you are not doing whatever pleases you or is most convenient; instead you are imposing a discipline on yourself which demonstrates the seriousness of your work and the importance of self-discipline in it. This dress code is a symbol of your self-discipline."

Christian author and pastor, Doug Wilson, has stated, "today our natural tendency is to dress to suit ourselves. In another era, students would dress to make themselves presentable. Now students want to dress to make themselves at ease. The former generations thought of others; we now insist on putting ourselves first."

The dress code at Veritas is designed to complement the mission of the high school: equipping students to serve the purposes of God in their generation (Acts 13:36). We are committed to building the character of Christ within each upon the individual student's Christian commitment. In keeping with this mission, all students will be expected to maintain a standard of dress conducive to the Excellency of Christ in the learning environment, and at the same time, to govern their personal attire and appearance in a manner that will equip them for their duties and responsibilities throughout the school day, and for their future stations in life.

#### DRESS CODE

Veritas Collegiate Academy is a workplace for teachers and students. Students should dress in a manner that demonstrates their respect for the school. The default dress code for all field trips is the formal uniform, and any exceptions to this rule shall be approved in advance by the Headmaster. Any student not in the proper uniform for a field trip will not be able to participate in the field trip.

\*2025 Change in hair policy. Beginning fall of 2025, there will be a more relaxed hair policy, as male students will be allowed more leeway in their hair length, as long as the style is kept neat and clean. The hair, however, must still be of one natural color and above the eyebrows and not below the top of the shoulder. Please note, as per our campus-wide policy, male students may not wear earrings or nose-rings on campus, wear any form of nail polish or designs, or have tattoos. Proper underclothing must be worn (i.e., t-shirts under all polo or dress shirts; shirts tucked in, and dress socks that are at least calf-high).

For female students, hair must be of a natural color (no unnatural red, green, blue, pink, etc.). Nails may not exceed 1/3" beyond the fingertip, and no off-color nail polish may be worn. Proper underclothing must be worn, and blouses tucked in at all times. Socks will be knee-high when a skirt is worn.

The Headmaster will determine adherence of dress-code policy, and has the final word. The academy may ban other hygiene practices or appearances that are generally not considered appropriate. If a student violates these standards, he/she may not be permitted to attend the school or its related functions. A student and his parents may appeal any determination to the school. The decision by the Headmaster shall be obeyed until the appeal can be heard.

Veritas divides the dress code into:

A. Lower School: "Formal Days" (Tuesday and Thursday) and "Casual Day" (Monday, Wednesday, and Friday)

B. Upper School: "Formal Days" (Monday-Thursday) and "Casual Day" (Friday and Field Trips).

If there are any questions regarding the uniform policy, please feel free to contact the Office/Dean of Students.

Note: All Formal Wear must be purchased through our preferred shop, Flynn and O'Hare Uniform.

#### **LOWER SCHOOL**

# NON-FORMAL (Monday, Wednesday, Friday)

#### Female Students:

- Khaki or navy slacks, skirts, or shorts. Skirts and shorts can not be more than 2 inches above the knee. Shorts may only be worn in the months of September, October, April, May, and June (Lower school may wear a skort or jumper that is khaki or navy longer than 2 inches above the knee)
- Polo shirts must be white, navy, pale pink, pale blue, or pale yellow (long or short-sleeved)
- Oxford shirt must be white, pale pink, pale blue, or pale yellow (long-sleeved only)
- White or Navy turtleneck may be worn under a polo or Oxford shirt
- V-Neck Sweater Vest must be navy or white.
- Sweater or polo fleece with logo must be navy
- Brown or Black belt only
- Sneakers may be worn that are in good condition (\*no light-up shoes)
- Sandals and boots are prohibited, as are heels higher than 1/2 inch

#### Male Students:

- Pants or shorts must be khaki or navy. Shorts may only be worn in the months of September, October, April, May, and June (cargo shorts are prohibited)
- Polo shirt must be white, navy, pale pink, pale blue, or pale yellow (long or short-sleeved)
- Oxford shirt white, pale pink, pale blue, or pale yellow
- White undershirts must be worn under all shirts and a white or navy turtleneck may be worn under a polo or Oxford shirt
- Sweater & Navy polar fleece with logo must be navy
- Brown or Black Belt only
- Sneakers may be worn that are in good condition (\*no light-up shoes)

#### FORMAL DAYS (Tuesday, Thursday, & Field Trips)

#### Female Students:

- K-2: Plaid Jumper with white blouse (long or short sleeve) with round collar and school logo
- 3-4: Plaid Skirt with white blouse (long or short sleeve) with button collar and school logo
- 5-6: Blackswatch Kilt Skirt and Tie, white blouse
- Socks must be navy, cable-knit, and knee-high, or tights navy, flat, or cable knit \* Optional: Socks or tights may be hunter green (Note: 5th and 6th only: Blazers Required)
- ullet Shoes must be brown, black, or navy. No heel greater than 1/2 inch \* Sneakers, sandals, and boots are prohibited on formal uniform days
- \* Sneakers and white socks are prohibited on formal uniform days

#### Male Students:

Khaki twill pants Oxford shirt must be white (long or short sleeve)

Striped tie (5th and 6th only: Upper School green / blue striped tie)

Undershirts must be white and worn at all times

- Optional: Navy Cardigan sweater (Note: 5th and 6th only: Blazers Required)
- Brown or black belt only
- Shoes must be navy, brown, black, or tan Oxfords, loafers, leather deck shoes
- \* Sneakers and white socks are prohibited on formal uniform days

#### **UPPER SCHOOL**

#### FORMAL DAYS (Monday-Thursday & Field Trips)

#### Female Students:

- •Blackswatch Kilt Skirt and Tie
- Oxford shirt must be white (long sleeve; short sleeve may be worn September and October, May and June only)
- Socks must be navy, cable-knit, and knee-high, or tights navy, flat, or cable knit
  - \* Optional: Socks or tights may be hunter green
- Optional: Navy sweater with logo <u>under blazer</u>
- \* Navy Blazer with two buttons and logo (mandatory)
- Shoes Only and must be brown, black, or navy. No heel greater than 1/2 inch sandals, and boots are prohibited)
- Hair accessory: may include plaid hair tie, scrunchie, or padded headband
- \* NOTE: Sneakers and white socks are prohibited on formal uniform days

#### Male Students:

- Khaki twill pants
- Oxford shirt <u>must be white</u> (long sleeve; short sleeve may be worn September and October, May and June only)
- Green / Blue Striped tie
- Undershirts must be white and worn at all times

Navy Blazer with two buttons and logo

- \* Optional: Navy Cardigan sweater with logo <u>under blazer</u>
- Brown or black belt only
- Shoes Only and must be navy, brown, black, or tan Oxfords, loafers, leather deck shoes
- \* NOTE: Sneakers and white socks are prohibited on formal uniform days

#### NON-FORMAL (ONLY Friday)

#### Female Students:

- Khaki or navy slacks, skirts, or shorts. Skirts and shorts can not be more than 2 inches above the knee. Shorts may only be worn in the months of September, October, April, May, and June (Lower school may wear a skort or jumper that is khaki or navy longer than 2 inches above the knee)
- Polo shirts must be white, navy, pale pink, pale blue, or pale yellow (long or short-sleeved)
- Oxford shirt must be white, pale pink, pale blue, or pale yellow (long-sleeved only)
- White or Navy turtleneck may be worn under a polo or Oxford shirt
- V-Neck Sweater Vest must be navy or white.
- Sweater or polo fleece with logo must be navy
- Brown or Black belt only
- Sneakers may be worn that are in clean and in good condition.
- Sandals and boots are prohibited, as are heels higher than 1/2 inch

#### Male Students:

- Pants or shorts must be khaki or navy. Shorts may only be worn in the months of September, October, April, May, and June (cargo shorts are prohibited)
- Polo shirt must be white, navy, pale pink, pale blue, or pale yellow (long or short-sleeved)
- Oxford shirt white, pale pink, pale blue, or pale yellow
- White undershirts must be worn under all shirts and a white or navy turtleneck may be worn under a polo or Oxford shirt
- Sweater & Navy polar fleece with logo must be navy
- Brown or Black Belt only
- Sneakers may be worn that are clean and in good condition.
- \*Absolutely no logos or emblems of any kind, except for Veritas Collegiate Academy logos

<u>Note</u>: During the school day and inside school buildings, the only outwear acceptable is the blazer on formal days and the Veritas fleece on non-formal. Other outerwear may only be worn outside school building; however, any outerwear with derogatory sayings, emblems, or insignias are prohibited. Once student is in the building, he or she must be in a complete school uniform with shirts tucked in and belts worn.

# <u>Upper School Non-formal Days</u> (F)





<u>Upper School Formal Days: M/T/W/TH/Field Trips</u>





# **ACADEMICS**

#### 1. Homework

At Veritas Collegiate Academy, homework is generally assigned for one of three reasons:

First, students often need some amount of extra practice in specific, new concepts, skills, or facts. In certain subjects (e.g. math or languages), there is not enough time in a school day to do as much practice as may be necessary for mastery. Therefore, after reasonable in-class time is spent on the material, the teacher may assign homework to allow for the necessary practice.

Second, repeated, short periods of practice or study of new information is often a better way to learn than one long period study.

Third, homework may also be assigned to students who, having been given adequate time to complete an assignment in class, did not use their time wisely. The homework, in this situation, serves a practical purpose.

Students should expect app. two hours of homework per night.

# 2. Testing Policy

The following will govern the administration of tests and exams given at Veritas:

- All students will receive an equal amount of time to take their test. Tests are scheduled to be completed during the test / exam period.
- Students are not allowed to leave the room prior to the completion of the test, unless in an emergency
- All tests will be announced at least two days in advance. If students are absent on the day the test was announced, they are still responsible to take the test as scheduled or upon the first day they return to school.
- A teacher may cancel a test on or before the end of the school day preceding the scheduled date of the test
- There is no talking during the testing period until allowed by the teacher. Students should raise their hand to receive permission prior to talking. Students will talk in English only, talking in another language will be treated as cheating. Students who are caught cheating will have their test paper confiscated and will immediately be sent to the Dean of Students. They will receive a zero (0) on the test, with additional consequences..

### a. Make-Up Test Policy

Students are expected to make up a missed test at the earliest possible date. If a student misses a scheduled test due to arriving late, they will be required to arrange to take the test prior to attending the next scheduled class or activity.

- Students who are absent when a test is given must schedule a make-up exam at the earliest possible time. They will be required to take the test on the scheduled date or upon their return to school at the first available period. Exceptions will be made for lengthy absences. It is the student's responsibility to inform the teacher and arrange a mutually convenient time to reschedule any missed tests.

The classroom teacher is responsible to administer all make-up tests. Students are to report to the classroom teacher upon their return to school to determine when to make up any missed tests.

- Normally students should have no more than two tests per grade level per day. However, this does not include make-up tests due to illness, pre-planned absence, or athletic events. Consideration will be given to the student's length of absence and workload when make-up tests are scheduled.

#### **b.** Semester Final Exams

Students will take semester exams at the end of each semester. The exams will be 120 minutes and cover all material taught in class as explained by the teacher. These exams are given during the last week of the semester and are completed within the exam schedule. They will count as 20% of the semester grade.

# 4. Grading

At Veritas Collegiate Academy all grading is done on a percentage basis. When teachers return graded work to the student, it will have at least one percentage grade on it. Veritas Collegiate Academy has one grading scale:

93-100	A
85-92	В
75-84	C
70-74	D
69 or below	F

Some work will have more than one grade on it. For instance, a History test may have three percentage grades on it. One to describe how well the students knew the facts about History. The second percentage could be a spelling grade. This grade will be figured into the student's quarterly spelling average. The third percentage could be a grammar grade. This grade will be figured into the student's quarterly grammar grade. Spelling and grammar count and on all graded work submitted at Veritas Collegiate Academy.

#### 5. Academic Probation

Academic probation is a procedure used at Veritas Collegiate Academy to motivate students. Students are required to maintain a Grade Point Average (GPA) of 2.5 or above over any two consecutive quarters. If a student's GPA falls below 2.5 over two consecutive quarters, or if a student's GPA falls below 1.5 at any time, the student will be placed on academic probation.

If a student is placed on academic probation, he will be ineligible for any extracurricular activities during the following quarter and a parent teacher conference will be scheduled.

If after the next quarter the student's cumulative GPA has not risen above 2.5, an academic board will determine whether or not to expel the student.

#### 6. Extra Curricular Activities

Extracurricular activities at Veritas Collegiate Academy are organized, school-sanctioned activities providing student participation and enrichment beyond the normal academic program. Participation in activities that occur outside of regularly scheduled class time is voluntary. Examples of extracurricular activities are student organizations and clubs, athletics, drama, special music groups, debate, etc. All extracurricular activities are intended to align with the established philosophy, purpose and standards of Veritas Collegiate Academy, and are to be approved by the Headmaster.

Extracurricular activities at Veritas Academy shall remain within these guidelines. They shall in no way hamper or detract from the academic and curricular activities of the students. Students must have parental permission before they can be involved in any extracurricular activity, and must maintain a GPA above 2.0. A Veritas staff member must be the coordinator of any extracurricular activity. If a qualified staff member cannot be found, a parent or adult may be a coach or coordinator. If any funds are required to have an extracurricular activity, the families that are involved in the activity must pay for the participation of their children unless money is specifically budgeted for this activity.

# 7. Field Trips

Field trips are an excellent opportunity for Veritas Collegiate Academy students and families to enjoy learning new things. Teachers will endeavor to issue field trip announcement / permission forms two weeks before the date of the field trip. If the trip is to be an overnight trip, teachers will submit the permission slips one month in advance so that parents can plan time off of work in order to accompany their child. Students will not be eligible to go unless the school has received the completed field trip permission form and any money that is required for the student to attend this field trip.

When students travel on field trips they must do so safely. The school will utilize its own vehicles, sometimes in conjunction with parents and faculty. Parents or qualified drivers will be used. Parents will only be allowed to transport the number of students according to the number of seat belts available in their vehicle.

Field trips are times when students represent Veritas Collegiate Academy. <u>Students must always be in the formal uniform</u> and must always behave in an appropriate manner. If students are disruptive on field trips, they may not be allowed to continue on the current field trip or might not be allowed to attend one or more future trips.

As students grow older, their field trips will become more interesting and last longer. Some trips will be offered that require a student to stay overnight. On these trips, students will only be allowed to attend if they are with their parents, school guardians, or if their parents have made arrangements for them to be chaperoned by another family or adult. Families are always encouraged to go on all trips.

# Awards and Honors

# Upper School (Logic and Rhetoric)

A. Athletic & Academic Awards

☐ See Appendix A & B

# B. National Honor Society: Veritas Collegiate Academy Arlington Chapter

We are pleased to announce, run 2024, the establishment of an Official Chapter of the National Honor Society on our Veritas Collegiate Academy Arlington Campus.

Veritas Collegiate Academy's establishment of a National Honor Society (NHS) chapter in Arlington not only complements its recent achievement of full accreditation but also symbolizes a significant milestone in recognizing and fostering academic excellence, leadership, and service among its student body. NHS membership brings prestige, opportunities for personal growth, and community engagement, enhancing the overall educational experience at Veritas Collegiate Academy.

The NHS chapter at Veritas Collegiate Academy provides a platform for recognizing and celebrating students who have demonstrated exceptional scholarship, leadership, character, and service within the school community. NHS membership signifies a commitment to upholding high academic standards, ethical principles, and a spirit of service, aligning closely with the values and mission of Veritas Collegiate Academy.

Moreover, NHS recognition at Veritas Collegiate Academy serves as a source of motivation for students to strive for excellence in their academic pursuits, leadership roles, and service activities. NHS members become ambassadors of integrity, scholarship, and service, embodying the core values of both the NHS organization and Veritas Collegiate Academy.

## Qualifications:

3.8 weighted cumulative GPA at Veritas Collegiate Academy.
☐ Community Service completed by May
☐ Christian character; as indicated by adherence to Academic policies, uniform codes, Honor Code, etc
☐ Must have completed and enrolled at least 3 semesters at a Veritas Collegiate Academy high school
(The time frame necessary for the evaluation of the character of the student as well as academics).

#### C. Valedictorian and Salutatorian of the Senior Class

At Veritas Collegiate Academy, the qualifications for Valedictorian and Salutatorian are based on academic excellence and overall achievement.

<u>The Valedictorian</u> is the student with the highest weighted GPA, as indicated on the mid-year transcript of the senior year, in the graduating class, demonstrating exceptional academic performance across a range of subjects.

<u>The Salutatorian</u> is the student with the second-highest weighted GPA as indicated on the mid-year transcript of the senior year, also excelling academically.

Both titles recognize outstanding students who embody the values of scholarship, and dedication to their education over the years they attended Veritas.

Please note, student must have completed all academic requirements within the time frame student was in attendance. Also, the student must be matriculated as a full-time student at Veritas (or one of its affiliated campuses) for at least the 2 years prior to graduation (including senior year).

Valedictorian and Salutatorian will be announced sometime prior to graduation.

All other grades and credits following the 1st semester will not be factored in the GPA for Valedictorian or Salutatorian, unless a significant change in grades occur.

Demerits, behavior, and adherence to school policy and procedures will also be taken into account when choosing Valedictorian and Salutatorian.

#### D. Christian Character Award

Each year Veritas Collegiate Academy chooses one Logic (7th or 8th grade) student as recipient of the Veritas Christian Character Award. This award is given to honor the students chosen by the faculty as leaders and examples on the basis of outstanding Christian character. The winner will be announced and receive his or her award at our annual graduation ceremony.

# **Promotion**

Veritas Collegiate Academy is committed to maintaining high academic standards and challenging students. One of the ways in which we do this is through having challenging objective and subjective standards of promotion.

In order to gain promotion to the next grade level, students must: (1) maintain a 2.0 GPA; (2) maintain mastery of all objectives; (3) demonstrate a solid understanding of the foundational elements of both formal and informal logic (i.e., syllogisms, informal fallacies, etc.), which is a concern in the Seventh through Ninth Grade; and (4) demonstrate a growth in their understanding of rhetoric, both in practice and in conceptual understanding, which is a concern in the Tenth through Twelfth Grades.

# Schedules, Programs and Graduation Requirements

Veritas Collegiate Academy students are required to complete a prescribed course of study in keeping with all associated accrediting agencies. Veritas students are required to pursue and complete the College Preparatory Diploma program.

#### 1. Class Schedules: Logic School

7<sup>th</sup> Grade
Omnibus I
Omnibus II
Pre-Algebra / Algebra I
Life Science
Algebra Stience
Algebra Fraction of the Grade
Omnibus II
Algebra I or II
Physical Science

Latin I Latin II Logic I Logic

Composition 7 Composition 8
Art 7 Music 8
PE or PE or
Bible Bible

# 2. Class Schedules Rhetoric School Omnibus Schedule

7th grade I (ancient through the fall of Jerusalem in 70 AD)

8th grade IIA (the medieval period)

9th grade IIB (Renaissance, Reformation, Enlightenment)

10th grade IIIA (18th & 19th centuries)
11th grade IIIB (20th century - present)
12th grade IV (back to ancients, worldview)

### 3. Veritas Collegiate Academy Diploma (9-12)

#### **Subject Area Credits**

The following represents Veritas Collegiate Academy's graduation requirements after successful completion of the 8th grade. We are offering the high school student only one type of diploma: The College Prep. Diploma This program will assist those who definitely are planning a college education. If students fail a required course, they must make it up in summer school:

- -Omnibus (History and Literature): 8 credits
- -Mathematics: 4 credits

(Series to include Algebra I, Algebra II, Pre-Calculus, AP Pre-Calculus, AP Calculus AB / BC, AP Statistics, Calculus III-Multivariable Calculus, Linear Algebra)

-Laboratory Sciences: 4 credits

(Series to include Biology, Chemistry, Physics, and Anatomy & Physiology, AP Chemistry, AP Physics, AP Biology, AP Anatomy & Physiology, AP Psychology, AP Environmental Science)

-Rhetoric: 1 credits

-Thesis: 2 credits

(Series to include Junior Thesis and Senior Thesis)

-Art: 1 credit -Music: 1 credit

-PE: 4 credits (gained through participating in our Varsity sports program)

-Foreign Language: 4 credits

-Other Electives (including Writing 10 and AP): 8 credits

Total Credits for Graduation: 37

#### Additional requirements:

- All candidates for graduation must be in good standing with administration and faculty in relation to academics, conduct and character.
- Students must complete 80 hours of approved community service / Internship for each year of high school enrollment at Veritas Collegiate Academy.
- All prospective graduates should successfully complete the Scholastic Achievement Test (SAT) or the ACT and have scores on file in the main office before receiving a diploma regardless of their plans for college.
- All students are required to graduate with a minimum GPA of 2.0 (C) on a 4.0 scale

2021 Requirements-Beginning Fall of 2021 with the Class of 2025, the following prescribed courses will be offered and required:

AP Course Requirements (Starting 2021): All Veritas Graduates, starting with 9th grade, will complete, in addition to the normal course load, at minimum, 7 AP level courses.

#### 7 AP Course Minimum Requirement:

- 1 during 9th Grade
- 2 during 10th Grade
- 2 during 11th Grade
- 2 during 12th Grade

Humanities AP Course Selection May Include:

AP US History

AP Human Geography

AP US Government & Politics

AP World History: Ancient

AP World History: Modern

AP European History

AP Psychology

AP Macroeconomics

AP Microeconomics

\*AP Capstone Diploma Program (note may take place of Sr. Thesis)

AP Research

**AP Seminar** 

#### Lab Sciences:

7th Grade: Life Science with lab 8th Grade: Physical Science with lab

9th Grade: Biology or Chemistry with lab (May take AP as alternative) 10th Grade: Chemistry or Physics with lab (May take AP as alternative)

11th Grade: Physics / AP Environmental Science / AP Anatomy & Physiology

12th Grade: AP Physics with lab / AP Environmental Science with lab / AP Anatomy & Physiology

with lab / AP Psychology with lab

#### Math:

6th Grade: Math 87/Pre-Algebra 7th Grade: Pre-Algebra/Algebra 1 8th Grade: Algebra I/Algebra 2 9th Grade: Algebra II/Pre-Calculus 10th Grade: Pre-Calculus/Calculus

11th Grade: Calculus / AP Calculus AB and / or BC/ Multivariable Calculus (Calc. III) / AP Statistics

12th Grade: AP Calculus AB or BC / AP Statistics / Calculus 3 (Multi-variable)/ Linear Algebra

\*Note: Block scheduling will allow for two years of math to be taken in any single year

## Additional Requirements:

#### Omnibus

- 1. Ancient
- 2a. Early Middle Ages
- 2b. Late Middle Ages
- 3a. Early American
- 3b. Late American (Post Civil War)
- 4. Ancient

Formal Logic (7th grade)

Material Logic (8th grade)

Rhetoric (9th grade)

Jr. Thesis (11th grade)

Sr. Thesis (12th grade)

Latin 1,2,(recommended: 3,4)

2nd Foreign Language: Choice of-

Chinese 1,2,3,4

AP Chinese Language and Culture

Spanish 1,2,3,4

Latin 1,2,3,4

French (beginning 2025)

Writing 7,8,9,10

The Arts

Studio Art

AP 2D Studio Art

AP 3D Studio Art

**AP Drawing** 

**AP Art History** 

Music Appreciation / Music History

AP Music Theory

CGO: Classical Guitar Orchestra

Orchestra / Chorus

**AP Testing**: As a Level 2 School with the College Board, AP Testing will occur on campus in the spring. Students may sign up for a <u>Maximum of 5 AP Tests per year</u>. Any additional will be handled on a case-by-case basis and require permission from the Dean of Students. Additionally, <u>in order to take the AP exam</u>, <u>students will need to score 85 or above</u>. It is not recommended that students scoring a C or below take an AP examination.

# Communication

#### 1. Communication from the Office

# a. Parental Communiqué

Our primary form of communication with parents will be through email. We encourage parents to regularly check your email. Teachers will discuss with the heads of household how their children are progressing in class as warranted. They will also be monitoring the progress of his students with the other areas. If a student is struggling in any subject, it will be communicated directly to the parent.

# b. Disciplinary Calls

If a student is sent to the Dean's or Director's office, a call will be placed to the parents. The Director will explain the offense that has been committed and the disciplinary action that has been taken. He or she will also explain any further ramifications (i.e., suspension or expulsion) of the misbehavior.

#### 2. Publications and Notification of School Events

It is important that school programs meet the same standards for quality and content established in the educational programs at Veritas. In addition, the same standards for student conduct established at the school are to be maintained at all school events.

While Veritas Collegiate Academy understands that its mission is to assist parents in the upbringing of their children, it also realizes that certain events and activities that do not fit into the category of an academic endeavor contribute to producing a well-rounded student. Because of this, Veritas Collegiate Academy sponsors official school events. These events will be in agreement with the general goals and aims of Veritas Collegiate Academy. They will be attended by or supervised by a Veritas Collegiate Academy staff member, and they will generally be open to the entire student body or some section of the student body along with their families. These events will generally be part of the school calendar and they will be publicized and promoted by the school.

While Veritas Collegiate Academy understands that there are many worthy community and social events, it will, however, only publicize and promote school events though its primary communication methods.

### **MISCELLANEOUS**

# 1. Visitor Policy.

Parents are allowed to visit the school for specific events as described in the *In Loco Parentis* section. All visitors, including parents, must adhere to the visitor policy as listed below.

- All visitors must register in the school office prior to visiting the classroom, playground, etc.
- All visitors must wear a visitor identification sticker in a visible place.
- All visitors must provide prior notice to the school to arrange the visit.
- Visits with teachers must not be during class time.
- Upon completion of the visit, visitors must return to the office to return materials and enter departure time in the Visitor's Log.
- Administrators shall have the right to adapt or set aside the above procedures in event of special activities such as assembly programs, athletic events, or musical performances.

# 2. Dealing with Conflict

The process of settling disagreements has three steps. The first and crucial step is going to the offending party personally. The second step consists in going to the person and bringing another person along to serve as a witness. The final step consists in bringing the dispute before the administration for a final ruling.

This process has but one goal: restoration of the relationship between brothers. As parents, administrators, teachers and students at Veritas Collegiate Academy, we must never lose sight of this goal. In most cases, problems can be worked out in a one-on-one manner, and no one in the broader community needs to know.

Gossip, or talking about a dispute or problem behind someone's back, is diametrically opposed to policies of the school. Gossip drags other people into a dispute that they are not part of and harms the reputation of another without giving him any chance to defend himself. For these reasons, we must refuse to resort to this type of destructive behavior and refuse to listen to others who would delve into this as well.

Veritas Collegiate Academy is committed to handling disputes and disagreements in this manner. It's inevitable that there will be disagreements and disputes. As parents serve as instructors in and examples to their children, they must demand that their children handle disputes in this way and seek to constantly force themselves to behave in this manner.

Basically, the principle is simple: When someone has a problem with someone else, whether it is a Board Member, administrator, teacher, parent or student, go directly to them and talk about it with them. This sort of action does take courage. Generally, relationships are mended when things are handled in the one-to-one manner.

# 3. Controversial Subjects

Veritas Collegiate Academy recognizes the diversity of views on some subjects that will arise in the course of a student's education. Veritas defines a controversial subject as one "that is commonly considered divisive where the school has not taken an official position, whether or not the introduction of the topic was planned by the teacher or brought up by a student." Examples of such topics would include: environmentalism, the War Between the States, the old earth / young earth debate, partisan politics, etc.

At Veritas, controversial subjects will be handled carefully. If in the course of teaching a class, a controversial subject arises, the teacher will handle it in one of two ways. If the discussion of this controversial subject will not help him achieve the goals set for that class in the curriculum guide, then the teacher will not allow class time for the discussion of the topic at all. If, however, a controversial subject or arises, and the teacher believes that the discussion of that topic will help achieve the goals set for that subject, the teacher may take a different course of action. He will instruct the class on their responsibility to honor the teaching they have received from their parents on this subject. The teacher will explain both sides of a controversial subject fairly and evenhandedly, presenting each side to the best of his abilities.

Teachers will also refrain from pursuing tangents or other unplanned subject matter that will lead to possible mishandling or poor teaching of the topic. If necessary, teachers will send a note home to the parents of each student involved in the discussion on the same day the discussion occurs, or if possible, before the discussion occurs to prepare parents for the controversial subject or secondary doctrine that the students are about to cover.

The teacher is to remember that according to a highly-stated goal of Veritas Collegiate Academy, he is to be serving as a role model of a mature adult to the students. As such, teachers are never to enter into an adversarial debate with students on controversial subjects within a classroom setting. He is to encourage a gracious and scholarly attitude on the part of the students.

Teachers may express their beliefs on controversial subject. They must also, when expressing their beliefs, provide balance by presenting opposing views as accurately and fairly as possible.

# 4. Learning Disabilities

Veritas Collegiate Academy often receives inquiries as to whether it will accept children with learning disabilities. As a school, Veritas distinguishes between two categories of learning disabilities.

The first category is that of "severe learning disabilities." These are conditions that would require a separate classroom, program, and additional staff in order to provide the educational services desired by the parents and needed by the students. These conditions would include Down's syndrome, deafness, blindness, *etc.* At the present time, Veritas Collegiate Academy cannot admit students with "severe learning disabilities" because it does not have the resources to adequately provide for them.

The second category is simply "learning disability." These are conditions that would not require a separate classroom, programs, or additional staff in order to provide the desired services. Included in this are hyperactivity, Attention Deficit Disorder, dyslexia, etc.

Children with the second category of disability will be admitted. They are required to meet the same academic standards as all other children in their grade level, but will be allowed accommodations as warranted. They will also be held to the same disciplinary standards to which all of the other children in class will conform.

# 5. Medication Policy

Before a school staff member will issue medication to a student, written parental permission must have been received and approved by the school office.

The school will maintain a written health information record from parents on each student at Veritas Collegiate Academy. The form will include questions as to whether the school staff may administer Tylenol or Calamine medications on an "as needed" basis. Without written permission, school staff may not administer such medications.

Under no circumstances may a student possess any form of medication at Veritas. This would include any prescription or over the counter medication including, but not limited to, Tylenol, Midol, or cold medication.

# Signature Acknowledgment

1,	,
agreement with the Educ	ling pages of the Parent/Student Handbook, and am in ational Philosophy of Veritas, the Admissions Policy, the lother policies of Veritas Collegiate Academy.
	agreement with the policies concerning student debt, the ipline/demerit system, grading procedures, dress code and n.
Collegiate Academy and a	gree to abide by the policies and procedures of Veritas m aware that by violating any of the policies of the school, minated by the headmaster.
Collegiate Academy and a	m aware that by violating any of the policies of the school, minated by the headmaster.
Collegiate Academy and a my attendance may be ter	m aware that by violating any of the policies of the school, minated by the headmaster.
Collegiate Academy and a my attendance may be ter	m aware that by violating any of the policies of the school, minated by the headmaster.

Attendance at Veritas Collegiate Academy is contingent upon student and parent signing

and submitting this policy acknowledgment

Revised 7/10/24

#### ADDENDUM A

# **Prohibition Against Bullying Policy**

Veritas Collegiate Academy believes that all students have a right to a safe and healthy school environment. All schools have an obligation to promote mutual respect, tolerance, and acceptance among students, staff, and volunteers. Behavior that infringes on the safety of any student will not be tolerated. A student shall not bully or intimidate any student through words or actions. Such behavior includes, but is not limited to direct physical contact, verbal assaults, the use of electronic methods, and social isolation and/or manipulation. Veritas policy prohibiting bullying includes but is not limited to the following:

- Any student who engages in bullying will be subject to disciplinary action up to and including expulsion.
- Students are expected to immediately report incidents of bullying to the principal or designee.
- School staff and/or administrators will promptly investigate each complaint of bullying in a thorough and confidential manner.
- If the complainant student or parent of the student feels that appropriate resolution of the investigation or complaint has not been reached after consulting the school head, the student or the parent of the student should contact the superintendent or his or her designee.
- The school prohibits retaliatory behavior against any complainant or any participant in the complaint process.
- All students and/or staff shall immediately report incidents of bullying, harassment or intimidation to the school head or designee. School staff members are expected to immediately intervene when they see a bullying incident occur. Each complaint of bullying shall be promptly investigated. This policy applies to students on school grounds, while traveling on a school bus to and from school or school events, or a school-sponsored activity, and during a school-sponsored activity. Bullying and intimidation will not be tolerated. Disciplinary action will be taken following each
  - Bullying and intimidation will not be tolerated. Disciplinary action will be taken following each confirmed incident of bullying. Disciplinary action after the first incident of bullying may include but is not limited to the following:
  - Loss of a privilege
  - Reassignment of seats in the classroom, cafeteria or school bus; Reassignment of classes
  - Detention
  - •Out-of-school suspension
  - Expulsion
- If necessary, counseling and other interventions should also be provided to address the socialemotional, behavioral, and academic needs of students who are victims of bullying and students who commit an offense of bullying.
  - Students, parents/guardians and other school personnel may report incidents of bullying to an

administrator, teacher, counselor or other staff member orally or in writing by using the appropriat form.

35

The procedures for intervening in bullying behavior include but are not limited to the following:

- All staff, students, and their parents will receive a copy of this policy prohibiting bullying at the beginning of the school year as part of the student handbook.
- The school will keep a report of bullying and the results of an investigation confidential.
- Staff are expected to immediately intervene when they see a bullying incident occur or upon receipt of any report of bullying.
- Anyone who witnesses or experience bullying is encouraged to report the incident to a school official.

The following actions will be taken when bullying is reported:

# • 1. Investigation

Upon receipt of any report of bullying, schools will direct an immediate investigation of the incident. The investigation will begin no later the next business day in which the school is in session after the report is received by the school official. The investigation will be completed no later than ten school days after the date the written report of the incident is submitted to the school official.

The investigation shall include interviewing the alleged perpetrator(s) and victim(s), identified witnesses, teacher(s), and staff members separately. Physical evidence of the bullying incident will be reviewed, if available.

## 2. Notification

Parents or legal guardians of the victim and accused student will be notified of the investigative procedure. If the incident involves an injury or similar situation, appropriate medical attention should be provided and the parent/guardian should be notified immediately.

## 3. Discipline

Upon confirming that bullying has occurred, the accused student will be charged with bullying and will receive age-appropriate consequences which shall include, at minimum, disciplinary action or counseling.

# 4. Follow Up

Complainants will be promptly notified of the findings of the investigation and the remedial action taken.

#### 5. Documentation

Written documentation containing the findings of the investigation, including input from the students' parents or legal guardian, and the decision by the school official, will be prepared and placed in the school records of the victim and perpetrator.

#### ADDENDUM B

# **Veritas Collegiate Academy Concussion Management Policy**

Veritas Collegiate Academy recognizes that concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and recreational activities and can have serious consequences if not managed carefully. Therefore, Veritas has adopted the following policy to support the proper evaluation and management of head injuries.

A concussion is a mild traumatic brain injury. A concussion occurs when normal brain functioning is disrupted by a blow or jolt to the head. Recovery from one concussion to another will vary. Avoiding reinjury and over-exertion until fully recovered are the cornerstones of proper concussion management.

While Veritas employees will exercise reasonable care to protect students, head injuries may still occur. Physical Education teachers, coaches, athletic trainers and nurses will receive training to recognize the signs, symptoms and behaviors consistent with a concussion. By the fall of 2021, concussion information will also be available on the school's website under Athletics tab, and will be provided as part of the permission slip for participation in interscholastic athletics.

Any student exhibiting signs, symptoms or behaviors associated with a possible concussion while participating in a school-sponsored class, extracurricular activity, or interscholastic athletic activity will be removed from the game or activity and be evaluated as soon as possible by an appropriate health care professional. The School Nurse or Certified Athletic Trainer will notify the student's parents or guardians and recommend appropriate monitoring to parents or guardians.

If a student sustains a concussion at a time other than when engaged in a school-sponsored activity, the School expects the parent or other legal guardian to report the condition to the School Nurse or Certified Athletic Trainer so that the School can support the appropriate management of the condition.

The student shall not return to school or activity until authorized to do so in writing by an appropriate health care professional. The School's Concussion Management Individual or Nurse will make the final decision on return to activity including physical education class and/or after-school athletic team. Any student who continues to have signs or symptoms upon return to activity must be removed from play and reevaluated by their health care provider.

The Veritas Concussion Management Individual has developed regulations and protocols to guide the return to activity.

#### Return to Learning (RTL) - 48-Hour Rule

Students who experience a potential head injury will be required to stay home from school and not participate in any aspect of school activities for 48-hours. The required respite allows the school's concussion management individual (CMI) to receive physician notes and feedback from the parents to create an academic plan for the student's re-entry, all while providing cognitive rest for the recovering student. Note: 48-hours is defined as two full school days regardless of interruption by weekends or holiday's.

# Support:

Because delayed onset of symptoms during the first 24 to 48 hours is possible, parents should closely and periodically monitor the student during this time. Ideally, students should be symptom free before RTL commences since activities that require concentration and attention may exacerbate post-concussion symptoms and delay recovery.

#### Day One

#### - At Home

The student should be kept home from school on total bed rest with no (or very limited) television, video games, texting, reading, homework, or driving. Parents should consult a physician if student is symptomatic. Parents need to keep lines of communication open with the CMI and share all information available from the physician, personal observations and student's current status.

## - At School

The CMI will convene and begin to layout academic adjustments.

## Day Two

## - At Home

Between periods of resting and napping, the student may engage in light mental activity such as light reading or television, as long as these activities do not provoke symptoms. Parents will be contacted by CMT for an update of student's status and work together in deciding on the level of academic adjustments and RTL protocols.

#### - At School

The CMI will finalize the level of academic adjustment needed at school depending upon the type and severity of the symptoms present and the times of the day when the student feels better or worse.

# Concussion Management Protocol for Return to Play

Return to play following a concussion involves a stepwise progression once the individual is symptom free. There are many risks to premature return to play including: a greater risk for a second concussion because of a lower concussion threshold, second impact syndrome (abnormal brain blood flow that can result in death), exacerbation of any current symptoms, and possibly increased risk for additional injury due to alteration in balance. The Virginia High School League return to play recommendations are based on the most recent international expert opinion.

- No student athlete should return to play while symptomatic.
- Students are prohibited from returning to play the day the concussion is sustained.
- If there is any doubt as to whether a student has sustained a concussion, it should be treated as a concussion.
- Once the student athlete is symptom free at rest for 24 hours and has a signed release by the treating clinician, she/he may begin the return to play progression below (provided there are no other mitigating circumstances).

Phase 1: low impact, non-strenuous, light aerobic activity such as walking or riding a stationary bike. If tolerated without return of symptoms over a 24 hour period proceed to;

Phase 2: higher impact, higher exertion, and moderate aerobic activity such as running or jumping rope. No resistance training. If tolerated, without return to symptoms over a 24 hour period proceed to;

Phase 3: sport-specific non-contact activity. Low resistance weight training with a spotter. If tolerated, without return to symptoms over a 24 hour period proceed to;

Phase 4: sport-specific activity, non-contact drills. Higher resistance weight training with a spotter. If tolerated, without return to symptoms over a 24 hour period proceed to;

Phase 5: full contact training drills and intense aerobic activity. If tolerated, without return to symptoms over a 24 hour period proceed to;

Phase 6: Return to full activities with no restrictions.

Each step should take 24 hours so that an athlete would take approximately one week to proceed through the full rehabilitation protocol once they are asymptomatic at rest and with provocative exercise. If any post concussion symptoms occur while in the stepwise program, then the student should drop back to the previous asymptomatic level and try to progress again after a further 24-hour period of rest has passed.

Concussion Management requires the immediate removal from athletic activities of any pupil believed to have sustained or who has sustained a mild traumatic brain injury (concussion). In the event that there is any doubt as to whether a student has sustained a concussion, it shall be presumed that he or she has been so injured until proven otherwise. No such student shall resume athletic activity until he or she shall have been symptom free for not less than twenty-four hours, and has been evaluated by and received written and signed authorization from a licensed physician. The physician authorization will then be forwarded to the school Nurse for clearance.

## What is a concussion?

A concussion is a brain injury. Concussions are caused by

a bump, blow, or jolt to the head or body. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

What are the signs and symptoms?

You can't see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days after the injury. If your teen reports one

or more symptoms of concussion listed below, or if you notice the symptoms yourself, keep your teen out of play and seek medical attention right away.

#### A FACT SHEET FOR PARENTS

- Ensure that they follow their coaches' rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.

What should you do if you think your teen has a concussion?

- 1. Keep your teen out of play. If your teen has a concussion, her/his brain needs time to heal. Don't let your teen return to play the day of the injury and until a health care professional, experienced in evaluating for concussion, says your teen is symptom-free and it's OK to return to play. A repeat concussion that occurs before the brain recovers from the first—usually within a short period of time (hours, days, or weeks)—can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death.
- 2. Seek medical attention right away. A health care professional experienced in evaluating for concussion will be able to decide how serious the concussion is and when it is safe for your teen to return to sports.
- 3. Teach your teen that it's not smart to play with a concussion. Rest is key after a concussion. Sometimes athletes wrongly believe that it shows strength and courage to play injured. Discourage others from pressuring injured athletes to play. Don't let your teen convince you that s/he's "just fine."
- 4. Tell all of your teen's coaches and the student's school nurse about ANY concussion. Coaches, school nurses, and other school staff should know if your teen has ever had a concussion. Your teen may need to limit activities while s/he is recovering from a concussion. Things such as studying, driving, working on a computer, playing video games, or exercising may cause concussion symptoms to reappear or get worse. Talk to your health care professional, as well as your teen's coaches, school nurse, and teachers. If needed, they can help adjust your teen's school activities during her/his recovery.

Signs Observed by Parents or Guardians Symptoms Reported by Athlete

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness
- (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- · Can't recall events after hit or fall
- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"

How can you help your teen prevent a concussion?

Every sport is different, but there are steps your teens can take to protect themselves from concussion and other injuries.

• Make sure they wear the right protective equipment for their activity. It should fit properly, be well maintained, and be worn consistently and correctly. It's better to miss one game than the whole season.

For more information and to order additional materials free-of-charge, visit: www.cdc.gov/Concussion. U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR DISEASE CONTROL AND PREVENTION.

If you think your teen has a concussion:

Don't assess it yourself. Take him/her out of play. Seek the advice of a health care professional.

#### ADDENDUM C

# **Upper School Requirement Reminders:**

To help you prepare for the upcoming year, I have enclosed the Upper School Dress Code and additional Academic Policies for 2024 (additional to the Student Handbook which may be found on our website). Please read over the Dress Code and Academic Policies as they can impact your year. I am requesting that parents know the dress code as well as the students. It makes a tremendous difference in the spirit of the school, when the students follow the established dress code.

Included in this letter are a number of notices of updates for the year. A suggestion would be to print them out and make a notebook for all the paper handouts for the year as a quick reference guide.

# **Community Service Hours:**

A total of 80 hours of Community Service are required each year from our high school students (grades 9-12) and can be indicated on the student's transcripts if requested to do so. This experience can help you when it comes time to apply for scholarships or when applying to colleges. Scholarship organizations and colleges are very interested in students who have involved themselves in their community. Community service hours should include places that you may have an interest in pursuing professionally as well as places that help non-profit community organizations (zoo, library, hospital, parks, Food Bank, museums, churches, etc.).

# 7th -12th Grade Upper School Retreat:

September 24-September 26: Wilderness Adventure at Eagle Landing, Newcastle, VA

The Upper School Retreat is an excellent time to bond as a student body, have fun, break the ice, and connect together as a cohesive group going into the school year. It is a Veritas Tradition, and one which helps forge the rest of the school year. Retreat information will be forthcoming, however, please note that all meals, housing, transportation and activities are included.

# **FACTS SIS & Daily Planners**

All students are required to have a NOTEBOOK daily planner system to keep track of homework assignments given throughout each day. We have been encouraged by recent college graduates that the use of a DAILY PLANNER is still one of the most effective tools for college students. Therefore, in preparing them for college, we want each student to have one and make a habit of using it daily. FACTS does have all the information, but for back-up purposes, and forming good habits, we still feel this is helpful.

Grades for students will be provided weekly on-line through FACTS SIS. Each family will be given a code to access your child's weekly grades, as well as homework information. It will be important for parents to check grades weekly. If needing to communicate with a teacher, please be encouraged to do so. Parents will want to follow FACTS for progress of their child. Additionally, all Upper School Report Cards will be generated by FACTS,. And parents may access them through the FACTS portal

# An Important message on Upper School MENTORING:

After talking to parents last year, I discovered they did not know the purpose and value of their child having a mentor in their Upper School years. Know that when an issue (academic, teacher related, social or spiritual concerns) arises and your child needs help, have them feel free to discuss it with their mentor. If the mentor feels they need additional counsel, they can then take it to administration for further counsel. Mentors are there to help students navigate the challenges during their upper school years. They are also there to help parents with questions as well. As always, we expect the "Matthew 18" (from scripture) rule to be used in any conflict, which means that if there is a personal conflict, go directly to the source first. However, a mentor can coach the student as how to approach the situation. Mentoring this year will be as follows: 7th & 8th; 9th, 10th, 11th, and 12th.

# SPRING BREAK INTERNATIONAL STUDY TRIP

Veritas Upper School High School students will have the opportunity to travel to Europe, South America, Asia, Africa or the Middle East. These trips include historical travel throughout various continents and countries, depending upon which venue we choose. Last year, post-pandemic, our students traveled to Egypt. This past spring, the students traveled through the Amazon Rainforest, Andes Mountains and Galapagos Islands. Prior to the pandemic, our students travelled to Europe (Western and Eastern). This trip is for credit and all students attending will be "absent excused" from any overlapping classes.

# Spring Break 2025 (April 1-April 14) "South Africa and 5 Day Kruger National Park Safari"

## ADDENDUM D

# **Awards & Recognitions**

A. Athletic & Academic Awards	
☐ See Appendix A & B	
B. NHS: National Honor Society	
□3.8 weighted cumulative GPA at Veritas Collegiate Academy.	
☐ Community Service complete by Summer	
☐ Christian character; as indicated by adherence to Academic policies, uniform codes,	
Honor Code, etc.	
☐ Must have completed and enrolled at least 3 semesters at a Veritas Collegiate Academy	
high school (this is the time frame the National Honor Society committee finds necessary	

## C. Valedictorian and Salutatorian of the Senior Class

At Veritas Collegiate Academy, the qualifications for Valedictorian and Salutatorian are based on academic excellence and overall achievement.

for the evaluation of the character of the student as well as his academics).

<u>The Valedictorian</u> is the student with the highest weighted GPA, as indicated on the midyear transcript of the senior year, in the graduating class, demonstrating exceptional academic performance across a range of subjects.

<u>The Salutatorian</u> is the student with the second-highest weighted GPA as indicated on the mid-year transcript of the senior year, also excelling academically.

Both titles recognize outstanding students who embody the values of scholarship, and dedication to their education over the years they attended Veritas.

Please note, student must have completed all academic requirements within the time frame student was in attendance. Also, the student must be matriculated as a full-time student at Veritas (or one of its affiliated campuses) for at least the 2 years prior to graduation (including senior year).

• Valedictorian and Salutatorian will be announced sometime prior to graduation.

- All other grades and credits following the 1<sup>st</sup> semester will not be factored in the GPA for Valedictorian or Salutatorian, unless a significant change in grades occur.
- Demerits, behavior, and adherence to school policy and procedures will also be taken into account when choosing Valedictorian and Salutatorian.

# D. Summa Cum Laude & Magna Cum Laude:

- Summa Cum Laude: with the highest academic distinction; all A's for all courses
- Magna Cum Laude: with high academic distinction; A average for all courses

# **Early Dismissal**

# A. Early Dismissal

- Student needing to be dismissed early from school must do the following: The student must bring in a note from their parents or have them call the front office authorizing the dismissal.
- The student in 9<sup>th</sup>-12<sup>th</sup> grade must sign out at the front office and sign in upon return (if within the same day); students 8<sup>th</sup> grade and younger must have parent check into front office to pickup student and return student.
- The student must get student pass from the front office secretary before returning to the classroom (if within the same day)
- Below are examples of reasons for students to be granted early dismissal:
- § Medical Reasons
- § Dental Reasons
- § Volunteering
- § Internship
- § School sponsored or approved sports function

Under no circumstances is a student permitted to leave school grounds during the school day other than for reasons listed above, especially those that can drive and/or have access to a vehicle.

# Cell Phones & Other Technological Equipment

## **Cell Phones and Smart Watches:**

Cell Phones and Smart Watches: Students SHOULD NOT bring cell phones to school. This year we are instituting a No Cell Phone Policy, as per Governor Glenn Youngkin's Executive Order eliminating cell phone usage in schools. However, because we realize some need them for after-school activities, they must be turned off during the school day (7:50 AM-3:00 PM), and turned into the Academic Dean upon arrival. Should you need to make an emergency call, the front office will take care of you. The school phone is available for students in the upper school office during the school day with permission (7:50 AM-3:30 PM). The same rule applies to all *Smart Watches*.

If student is found not following the rules regarding their phone, the consequences will be as follows:

Strike #1 Phone confiscated and student will be warned with note to parents or guardians. Phone will be given back at the conclusion of the school day.

Strike #2 Parents or guardian will be notified and asked to retrieve phone from school and meet with an administrator before student is allowed to retrieve the phone, and the student will receive a Saturday Detention.

Strike #3 Student's phone will be confiscated for remainder of the quarter, meeting will need to take place with parent/guardian to retrieve phone, and student will receive a suspension.

In Other Words: Follow the Governor's Orders and JUST TURN IT IN!

# **Laptops:**

Students are not allowed to bring lap tops to school. The school has lap tops which may be checked out at the beginning of class and returned at the conclusion of class. While checked out, it is the student'; responsibility to maintain possession of the lap top. Under no circumstances may a student bring their own lap top to school, unless special permission is granted by the Dean of Students.

# **ADDENDUM E: Veritas Collegiate Academy Lunch Policy**

At Veritas Collegiate Academy, we prioritize the well-being and satisfaction of our students, which includes providing high-quality lunch options. Our lunch policy is designed to offer nutritious and delicious meals while maintaining safety and convenience for all.

# Lunch Purchase Program

# 1. Catered Lunch Options

- Veritas Collegiate Academy partners with approximately 10 local restaurants to provide our students with a diverse array of lunch options. Our curated selection rotates daily, featuring cuisines such as:
  - Chinese
  - Korean
  - Italian
  - Subs
  - Hamburgers
  - Chicken
  - And more!
- All meals are crafted to restaurant standards, ensuring that our students enjoy high-quality food every day.

# 2. Optional Lunch Purchase

- Purchasing lunch is not mandatory; students are welcome to bring their lunches from home.
- Families interested in participating in the lunch program will receive a weekly menu and be able to place orders accordingly.

# Packing Lunch from Home

- 1. Home-packed Lunches\*\*
  - Families who prefer to send lunch with their students may do so.
  - We encourage using thermoses to keep food warm until lunchtime.
- 2. Microwaving and Cooking Restrictions
- For safety and health reasons, students are not permitted to use microwaves or other heating appliances on campus.
- Therefore, we kindly ask that families pack lunch items that do not require cooking or reheating at school.

# Community Collaboration

- Our lunch program is a collaborative effort with local businesses aimed at enhancing the quality of meals for our students while supporting the community. We are excited to provide a variety of dining experiences and welcome your feedback as we continue to improve our offerings.

# Appendix A Veritas Collegiate Academy ACADEMIC AWARDS

# C.S. Lewis Letters & Arts Award

9th Grade Award

The C.S. Lewis Letters & Arts Award is given to the ninth grade student who best exemplifies the characteristics of C.S. Lewis: the gift of communicating in speech and in words the Gospel of

Jesus Christ as it applies to all of life.

This honor recognizes one who is influential both in and outside of the classroom by

defending, reasoning, and living a Biblical worldview before the world, rightly dividing the word of God, in a spirit of humility, seasoned with grace.

Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have.

I Peter 3:15

# William Wilberforce Award for Service

# 10<sup>th</sup> Grade Award

The William Wilberforce Award for Service is given to the tenth grade student who best exemplified the characteristics of William Wilberforce, a man who was willing to set aside his

personal desires to serve the greater good, who was willing to do menial tasks, and one who stood out from among his peers as a self-sacrificing servant.

The recipient of this award is one who showed initiative and courage, stepping in to serve where there were needs, regardless of the personal cost. This student's walk with the Lord has been evident in words as well as actions, contributing greatly to the school spirit with Christi-

like acts of service and character.

"In as much as you have done it unto one of these my brethren, you have done it unto me."

Matthew 25:40

26 "Not so with you. Instead, whoever wants to become great among you must be your servant, 27 and whoever wants to be first must be your servant— 28 just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Matthew 20:26-28

# Abraham Lincoln Leadership Award

11th Grade Award

The Abraham Lincoln Leadership Award is given to the eleventh grade student who best

exemplifies the leadership qualities demonstrated in the life of Abraham Lincoln: the ability to withstand adversity and move forward in the face of it.

In addition, this award honors one who has the capacity to listen to different positions without prejudgment, able to adapt to change, eager to give credit to others, able to govern

one's emotions, and to adhere to goals set for oneself, while demonstrating integrity, character, and moral strength.

Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance. Perseverance must finish its work so that you may be mature and complete,

not lacking anything. James 1:2-4

Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love him.

James 1:12

# George Washington Statesman Award

12th Grade Award

The George Washington Statesman Award is presented to the twelfth grade student who

best exemplifies the characteristics of George Washington. It is one who conveys a quality of leadership that unites people, and embodies a spirit of caring for others; one who puts the whole of the group ahead of special interests and gives sacrificially.

This is the student who desires to lead in moral character; aims to resolve conflict versus contemplate it; one who with each action, considers the next generation, and one who

demonstrates self-government in the affairs of their life. It is one who humbly acknowledges the Lord and whose life, ably communicates the Scriptures as they apply to all of life.

Be shepherds of God's flock that is under your care, watching over them—not because you must, but because you are willing, as God wants you to be; not pursuing dishonest gain, but eager to serve; not lording it over those entrusted to you, but being examples to the

flock. I Peter 5: 2-3

# Appendix B

# ATHLETIC AWARDS

# PERSEVERANCE AWARD

Webster's 1828 Definition

To persist in any...enterprise; to pursue steadily...any course commenced; not to give over or abandon what is undertaken.

This the athlete that demonstrated the characteristic of "pressing on" in the midst of a trial, defeat or challenge placed before him. This athlete demonstrated a positive attitude and a willingness to confront and conquer the obstacles before him with

aggressiveness and eagerness.

Do you not know that in a race all runners run, but only one gets the prize.

I Corinthians 9:24

Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance. Perseverance must finish its work so that you may be mature and complete.

James 1:2,3

# LOYALTY AWARD

# Webster's 1828 Definition

Faithful to a prince or superior; true to plighted duty or love.

This is the athlete that remained true to the duties and requirements set by the coach in practices and competition. It is also the athlete that displayed a supportive attitude before peers and coach, and remained

faithful to the coach's demands, requests and requirements.

So then, men ought to regard us as servants of Christ and as those entrusted with the secret things of God. Now it is required that those who have been given a trust must prove faithful.

I Cor. 4:1,2

# MOST IMPROVED AWARD

Webster's 1828 Definition

Made better, wiser or more excellent; advanced in moral worth, knowledge or manners.

This is the athlete that has demonstrated the greatest amount of improvement in performance skills and/or character. This athlete chose not to lie in his defeat, but to make the most of his mistakes and learn from them.

Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers, I do not consider myself yet to taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press

on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

Philippians 3:12-14

# LEADERSHIP/SERVANTHOOD AWARD

Webster's 1828 Definition

Lead: To guide or conduct by showing the way; Leader: one who goes first; showing the way by going first; Servant: A person who voluntarily serves another or acts as his minister.

Serve: to perform the duties required in; to minister; to bestow the labor of the body and mind in the employment of another.

This is the athlete who considered the needs of other teammates and coach above his own needs. This person gave inspiration to others, displayed self government, flexibility, sacrifice, "showed the way by going first," and a victorious spirit throughout the season.

...whoever wants to be great among you must be your servant, and whoever wants to be the first must be your slave...just as the son of man did not come to be served but to serve.

**Matthew 20:26** 

# Appendix C

#### **Attendance Guidelines**

# Attendance Policy for School year 24-25

- 1. Students are expected to be at school before 8:00am. Classes start exactly at 8:00am
- 2. Office staff will print paper copies of the class roster of 1st bell classes and put them on the teacher desk in the 1st bell classroom before 8:00am.
- 3. Between 8:00am and 8:30am all 1st Bell Teachers are required to take attendance on the paper roster provided in their classroom.
- 4. At 8:30am the teacher needs to tape the roster on the outside of their classroom door for the office staff to pick up.
- 5. The Office will call the families/host families of those absent with no excuse to see why they are missing school.
- 6. After 3 4 absences, the parents will be notified.
- 7. Teachers need to make sure they are entering attendance <u>every day correctly</u>. This is very important to determine if there is a case of truancy.
- 8. Do not mark a student absent if you know they are on a field trip for another class. There is a place to type notes so you can add that they are on a field trip.
- 9. If a student comes to class past 8:05 am, the Upper School teacher must ask them for a pass from the office. If they do not have one, send them to the office. For Grammar school teachers, just mark them tardy.
- 10. On the late pass, the office staff will mark if it is excused or unexcused.
- 11. ALL ABSENCES must be marked unexcused. The Office staff will change it if necessary.
- 12. If a teacher wants to take students out of another class for a field trip or any other reason, they must request it from the other teachers.
- 13. Student government leaders may be excused from class to perform duties if they are not missing anything important.
- 14. If a student is absent, their parent or host family must call or email the office by 8:30am.

- 15. If a student is absent more than 9 days from a class for that semester, they may not get credit for the class. Please keep in mind, 3 Tardies for any one class is equal to an absence.
- 16. Teachers need to report to the office any errors on their roll so that we can correct them.

The Office will consider the following when marking absences as excused or unexcused.

# Excused absences or tardies include the following:

Illness - Must be reported by the parent or guardian. If more than 3 days, a doctor's note is required

Under Quarantine

Called to a court hearing

Medical appointments

Funeral services for a family member

Observance of a religious holiday

**Testing** 

Suspension

Traffic accident

School field trip, AP exam, school activity

## Unexcused absences or tardies include the following:

Vacations and trips

Unverified illnesses

Transportation problems

Family emergencies

Inclement weather

Meeting with your college counselor

Visiting family in town

Sleeping in

55

# **Cyber Policy for Veritas Collegiate Academy**

#### Introduction:

At Veritas Collegiate Academy, we hold firm to our commitment to fostering a nurturing and respectful learning environment that reflects our Christian values and promotes the strong character of our students. As a Christian institution, we believe that our mission is not only to educate academically but also to develop the moral character and integrity of each student. Behavior that is threatening, abusive, bullying, or sexual in nature is inconsistent with our school's mission and vision. In light of this, we are implementing this Cyber Policy to provide clear expectations for online conduct and to ensure that our digital community aligns with the principles of respect, compassion, and kindness that we uphold.

## Purpose:

The purpose of this Cyber Policy is to establish clear guidelines and expectations for student behavior in online environments, particularly regarding the use of social media. Veritas Collegiate Academy is committed to providing a safe and supportive educational environment, and this policy aims to foster a respectful digital community.

# Scope:

Policy applies to all students at Veritas Collegiate Academy and covers all forms of digital communication, including social media platforms, email, texting, and other online interactions, both on and off campus.

# Policy Guidelines:

- 1. Respectful Communication:
- All students are expected to communicate respectfully and thoughtfully in online environments. This includes refraining from using language or images that are threatening, abusive, bullying, or sexual in nature.
- 2. Social Media Conduct:
- Students should exercise caution and integrity when using social media. The following behaviors are strictly prohibited:
  - Threatening or intimidating others.
  - Engaging in harassing or bullying behavior.
  - Using sexual language or imagery that is inappropriate or offensive.
  - Sharing, endorsing, or participating in any form of cyberbullying.
- 3. Reporting and Accountability:

- Students are encouraged to report any incidents of threatening, abusive, or bullying behavior they encounter or observe in online environments. Reports can be made to a teacher, school administrator, or designated trusted adult.
- Confidentiality will be respected, and the school will take appropriate measures to investigate all reports of misconduct.

## 4. Consequences for Violations:

- Any student found to be in violation of this Cyber Policy will be subject to disciplinary action. The severity of the disciplinary measures will depend on the nature and seriousness of the infraction as interpreted by the Head of School. Potential consequences may include but are not limited to:
  - Verbal or written warnings.
  - Mandatory counseling or participation in a conflict resolution program.
  - Suspension from school activities.
  - Expulsion from Veritas Collegiate Academy.

## 5. Education and Awareness:

- Veritas Collegiate Academy is committed to educating students about responsible online behavior. Regular workshops, presentations, and discussions will be organized to raise awareness about cyber safety, digital citizenship, and the importance of a positive online presence. Additionally, parents are given the Biblical mandate to oversee their children, and as such, should educate and watch over their children's social media and cyber media.

## 6. Social Media Operations:

Students are encouraged to utilize social media to positively represent themselves and Veritas Collegiate Academy. When posting about school events or activities, students should maintain professionalism and uphold the values of our community. Additionally, Students must refrain from using language or images that are threatening, abusive, bullying, or sexual in nature while on Social Media. Students will be held accountable for this whether on campus or off campus.

Veritas Collegiate Academy believes that a safe, respectful, and positive online environment enhances the educational experience for all students. By adhering to this Cyber Policy, students contribute to a healthy learning atmosphere both in the physical and digital realms. The school maintains the right to amend this policy as needed to adapt to changing circumstances and to better serve the Veritas community.